



Dear Colleague,

I am writing to invite you to the 23<sup>rd</sup> Annual Meeting of the Society for Light Treatment and Biological Rhythms (SLTBR) in Montréal, Canada from July 10<sup>th</sup> - July 13<sup>th</sup>, 2011.

SLTBR ([www.sltbr.org](http://www.sltbr.org)) is a not-for-profit international organization dedicated to fostering research, clinical applications, and consensus development in conditions related to light and biological rhythms, including seasonal affective disorder, jet lag, shift work, sleep disorders, eating disorders, non-seasonal major depression, bipolar disorder, and premenstrual syndrome. We study light therapy, chronotherapy, melatonin, serotonergic medications, etc., as well as the biological effects of environmental lighting.

Our 2011 international meeting will feature cutting edge research presented in oral and poster sessions, an invited speaker on “Light Pollution” and 3 symposia:

- “Aspects of non-visual photoreception”
- “Influences of circadian clocks on cognitive functions and psychological well-being”
- “Light at the Work Place”

The preliminary program is attached, and additional meeting information can be found on our website, [www.sltbr.org](http://www.sltbr.org). Should you require further information, please do not hesitate to contact SLTBR at [sltbrinfo@gmail.com](mailto:sltbrinfo@gmail.com).

I hope you will join us in Montréal in July.

Sincerely,

Marc Hébert, Ph.D.

SLTBR, President (2010-2012)